

PERSONAL TRANSFORMATION

GAIN CLARITY ON YOUR VISION. ANSWER, "WHAT IS THE IDEAL VISION YOU WANT TO MOVE TOWARDS?"

Recognize the current state by examining your habits; answer, "Which habits contribute to my success? Which ones hinder my success?"

CHOOSE AN ATTITUDE AND MINDSET FOR SUCCESS, RESILIENCE, AND AWARENESS

Ask yourself, "What specific and intentional actions am I willing and able to take over the long haul and right now?" Develop a roadmap and outline actions so you know when you hit milestones

Ask yourself, "Who else believes my transformation is possible?" Build a network of accountability partners to encourage you on your transformative journey

RINSE AND REPEAT YOUR ENTIRE LIFE

